

Duncan

Duncan CoDA Group - cabc066
Monday 7:00 PM
Duncan Mental Health
3088 Gibbins Road
Special Instructions: No mtngs on holiday Mondays
Steps/Topics/Workbook
Contact: Johanne: phone 250-746-7030

Duncan Thursday Night Group -cabc316

Thursday 7:30pm
Cowichan Valley Alano Club
#207 107 Evans Street
Open—Contact phone: Barb 250 748 5965

Gibsons

Sunsine Coast CoDA—cabc327
Wednesday 5:30pm
Gibsons Community Health Bldg
494 South Fletcher Road
Special Instructions:
Open—Contact phone: Shelly 604-886-4117 email:
shelly.mcauley@hotmail.com

Kamloops

Kamloops CoDA Group - cabc105
Monday 7:30 PM
Shekainah House St Gorge's
308 Royal Avenue
Open—no contact for this meeting

Kelowna

Free To Choose Group—cabc 320
Wednesday 11:30 AM
Christ Evangelical Lutheran Church
2091 Gordon Drive
Women Only—Contact: Fran 778-436-9663

Steps to Recovery Group - cabc334

Monday 6:00 PM
The KDSC Building
555 Fuller Ave.
Special Instructions: on the corner with Bertram
Street), parking and entrance to the meeting is on
the Fuller Avenue side of the building.
Open/discussion/topic
Contact Person: Juanita P. 250-763-2100 or Jayme
L. 250-717-0028

Langley

Soar Like An Eagle- cabc 321
Tuesday 7:30 PM
Langley United Church
5673 200th St.
Special Instructions: Side door on north side—open
Open/Step
Contact: Dorothy G. 604-581-3865, Laurence 778-277-0013

Maple Ridge

Unnamed Group- cabc
Monday 7:30 PM
One Way Club Society
22270 North Ave, Maple Ridge
Special Instructions:
Open
Contact Person:

Nanaimo

First Nanaimo CoDA Group - cabc026
Monday 7:00 PM
St. James Anglican Church
2150 Departure Bay Rd
Open/discussion Contact: Heather 250-753-3274

New Freedom CoDA Group - cabc330
Thursday 7:00 PM
Greer House
66 Prideaux
Open/discussion/topic
Contact Person: Heather 250-753-3274.

New Westminster

Freedom Group - cabc074
Friday 7:30 PM
Sherbrooke Centre
260 Sherbrook St.
Special Instructions: Main floor - Sherbrooke Lounge
Open/Newcomers
Contact: Sue 604-580-8889 - Gerry 604-777-1948

North Vancouver

Saturday Morning North Shore CoDA - cabc007
Saturday 10:00 AM
St. Andrews United Church Hall
Corner 11th and St Georges
Special Instructions: Held in hall of Church lounge
Open—Contact: No contact for this meeting

Powell River

The Circle of Care - cabc326
Wednesday 7:00pm
Elders/Cultural Center
4940 Salish Drive (10 minutes north of Powell River)
Special Instructions: Turn down Sliammon Rd; take first
right; Salish Dr to 1st building to right (above Children's
Development Center) Open Contact: Robbi 604-483-7707

Salt Spring Island(Ganges)

Salt Spring Island CoDA Group - cabc225
Wednesday 6:30 PM
Law Office
105 Rainbow Road
Special Instructions: upstairs-Corner of
Fulford/Ganges Rd. and Rainbow
open
Contact: No contact for this meeting.

Sechelt

Sechelt CoDA Group - cabc333
Friday 7:00 PM
Sechelt Public Health Building
5571 Inlet Ave
Pat 604-883-9558, email: hansandpat@dccnet.com

Squamish

Squamish CoDA Group - cabc329
Wednesday 1:30 PM
Women's Center
38021 3rd Avenue
Special Instructions: Closed group last Wednesday of
month (step reading and studying)
open, Topic, Non-Smoking
Contact Person: Trina 604-567-1228,
email: treenaflaming@hotmail.com

Safe to Seek Serenity - cabc325

Wednesday 7:30 PM
Surrey BC
Special Instructions: Contact Veronica H. 604-540-0651
for location of meeting
open, topic
Contact: 604-308-4092 (leave msg).
Email: safetoseekserenity@hotmail.com

Tsawwassen

Ladner Tsawwassen CoDA Group - cabc311
Tuesday 10:00 AM
Location to be announced—call contact for info
Open
Contact Person: Leeann 778-885-9544