

PACIFIC NORTHWEST CoDA RETREAT

March 12, 13, 14 2010

SEABECK CONFERENCE CENTER

Working At Recovery



Codependence Anonymous is a 12 Step
Program of Recovery

Seabeck Conference Center
<http://www.seabeck.org>
Seabeck, Washington

**BUDGET NOW TO PARTICIPATE
IN THIS EXCITING RETREAT**
\$50 deposit
\$150 registration
\$175 single room registration

**raffles - workshops -
fellowship**

Return this form by email or snail mail to hold your spot:

Cindy Mullen
1623 N. Wenatchee Ave
Wenatchee, WA 98801
mullen_cindy@hotmail.com

Deposits can be sent starting November 1, 2009 through February 15, 2010

Single Room is first come first serve.

Name _____

Phone _____

Email Address: _____

Attending: _____

Room Type (Single, Share, Handicap Accessible): _____

Special Food/Dietary Needs (Be Specific so Seabeck can best meet your needs):

Willing to donate raffle basket _____

Volunteer for snack food, raffle ticket sales, or cleanup: _____

Volunteer to be a Break-Out Group Leader:

Break-Out Groups last approx 1 hour, Break-Out Group Leaders can share a story or activity in keeping with the message for the weekend. You do not need years in recovery to be a group leader. As leader you share your story or activity and open the group to sharing. It's as simple as that.

