



**2nd Annual
VANCOUVER
ISLAND
CODA
RETREAT**

The Journey Continues
Our program of recovery was
meant to be taken seriously,
but we find balancing our
recovery work with
Play, Laughter and Fun
is also important in our daily
lives.

Page 79 Co-dependents Anonymous

Total Cost: 159.00

(This covers Registration, meals and
accommodation.)

**Make your cheque payable to:
Vancouver Island CODA Retreat**

We need your address, phone and email to
send your confirmation. **PLEASE NOTE: We
prefer to use email to communicate
where possible. codaretreat@shaw.ca
Payable by cheque, cash or email transfer
WITH THIS REGISTRATION FORM TO:
VANCOUVER ISLAND RETREAT
211- 107 EVANS STREET
DUNCAN BC V9L 1P5
codaretreat@shaw.ca**

Sept 10,11,12/2010

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**Camp Imadene
Mesache Lake**

REGISTRATION FEE COVERS:

Friday and Saturday night accommodation

Fri:Evening Meal, 6:00 pm

Sat: Breakfast, Lunch, Dinner

Sunday: Breakfast and lunch

PLEASE BRING

Bedding necessities

Hiking Boots/Shoes/Slippers

Toiletries, Flashlight

Towel, Favorite Stuffed Animal

Snack Food for Sharing

Musical Instruments

Recovery Books for a Book Swap

codaretreat@shaw.ca

250-244-1773